



# Zonally dominated saturation and Dimits phase transition in curvature-driven ITG turbulence

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#### Overview

- Understanding heat transport in tokamak plasmas is crucial for the design of future experiments and reactors
- Numerical evidence points towards turbulence as the main cause for heat transport in tokamak plasmas
- ▶ Therefore, we seek to describe the saturated turbulent state and the mechanisms of its saturation
- We focus on turbulence driven by the ion-temperature-gradient (ITG) instability

# Outline

- ▶ ITG saturation, zonal flows (ZFs) and the Dimits shift
- ▶ 2D 2-fluid magnetic-curvature-driven ITG model
  - Naturally capture the ITG microinstability
  - This model has a well-defined Dimits transition
- We investigate the character of near-marginal turbulence and the saturation mechanisms
  - The near-marginal state is dominated by quasi-static strong zonal flows
  - Intertwined patch-wise constant zonal shear and strong zonal temperature perturbations, somewhat reminiscent of the  $\boldsymbol{E} \times \boldsymbol{B}$  staircase (Dif-Pradalier *et al.*, 2010)
- By considering the zonal flow drive in this state, we find an analytical estimate for the Dimits threshold

# The Dimits shift



Figure 1: The Dimits shift paradigm (Dimits et al., 2000).

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# How do we approach this?

- We use a 2D 2-field model for the perturbations of electrostatic potential and ion temperature
- Derived in a physically realisable, if not necessary most general, regime as an asymptotic limit of the electrostatic ion gyrokinetic (GK) equation
- Contains a curvature-driven ion-temperature-gradient (ITG) microinstability, characteristic of tokamak plasmas
- ► A two-field model allows us to capture the important ITG linear instability, while keeping the equations simple enough for analytic progress to be possible
- ▶ We find that this model has a well-defined Dimits transition

#### Geometry



Figure 2: Illustration of the Z-pinch magnetic geometry. Here x and y correspond to the "radial" and "poloidal" coordinates in a tokamak.

$$L_B^{-1} \equiv -\frac{1}{B} \frac{dB}{dx}, \qquad L_T^{-1} \equiv -\frac{1}{T_i} \frac{dT_i}{dx} \tag{1}$$

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#### Electron response

Electron physics — modified adiabatic response:

$$\frac{\delta n_e}{n_e} = \frac{e(\phi - \overline{\phi})}{T_e} = \frac{e\phi'}{T_e},\tag{2}$$

where  $\overline{\phi}$  is the flux-surface (zonal) average of the electrostatic potential  $\phi$  and  $\phi' \equiv \phi - \overline{\phi}$  is the nonzonal part of the field

 This electron response has been found to be crucial for capturing essential zonal-flow properties (Hammett *et al.*, 1993)

#### Orderings

▶ Highly-collisional, long-wavelength, 2D ( $k_{\parallel} = 0$ ) limit

$$\nu_i \gg \partial_t \sim k_\perp^2 \rho_i^2 \nu_i, \qquad k_\perp^2 \rho_i^2 \ll 1.$$
(3)

▶ Cold ions  $T_i/T_e \to 0$ , but finite sound radius

$$\rho_s \equiv \frac{\rho_i}{\sqrt{2\tau}}, \ \tau \equiv \frac{T_i}{ZT_e}.$$
(4)

Applying these approximations to the ion gyrokinetic (GK) equation, we obtain a system of closed equations for the electric potential  $\phi$  and ion temperature perturbations  $\delta T_i$ .

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

The only parameters are  $\kappa_T$ ,  $\chi$  and the size of the domain  $L_x, L_y$ .

$$\kappa_T \equiv \frac{\tau L_B}{2L_T}, \qquad \chi \equiv \frac{\tau L_B}{\rho_s} \frac{8}{9} \sqrt{\frac{2}{\pi} \frac{\nu_i}{\Omega_i}}$$
(7)

$$\frac{\partial_t \left(\varphi' - \nabla^2 \varphi\right) + \left\{\varphi, \varphi' - \nabla^2 \varphi\right\} + \nabla \cdot \left\{\nabla \varphi, T\right\} \\ -\partial_y \left(\varphi + T\right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

Ion density perturbation:  $\partial_t \left( \varphi' - \nabla^2 \varphi \right)$ 

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

 $\boldsymbol{E} \times \boldsymbol{B}$  advection of ion density:  $\{\varphi, \varphi' - \nabla^2 \varphi\}$ 

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT),$$
(5)

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

FLR nonlinear term:  $\nabla \cdot \{\nabla \varphi, T\}$ 

$$\partial_t \left(\varphi' - \nabla^2 \varphi\right) + \left\{\varphi, \varphi' - \nabla^2 \varphi\right\} + \nabla \cdot \left\{\nabla \varphi, T\right\} \\ -\partial_y \left(\varphi + T\right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

Magnetic drift:  $-\partial_y (\varphi + T)$ 

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

Diamagnetic drift: 
$$\kappa_T \partial_y \nabla^2 \varphi$$

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

Viscosity and collisional coupling:  $-\chi \nabla^4 (a\varphi - bT)$ 

$$\partial_t \left(\varphi' - \nabla^2 \varphi\right) + \left\{\varphi, \varphi' - \nabla^2 \varphi\right\} + \nabla \cdot \left\{\nabla\varphi, T\right\} \\ -\partial_y \left(\varphi + T\right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

#### Ion temperature perturbation: $\partial_t T$

$$\partial_t \left(\varphi' - \nabla^2 \varphi\right) + \left\{\varphi, \varphi' - \nabla^2 \varphi\right\} + \nabla \cdot \left\{\nabla \varphi, T\right\} \\ -\partial_y \left(\varphi + T\right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

#### $\boldsymbol{E} \times \boldsymbol{B}$ advection of ion temperature: $\{\varphi, T\}$

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

 $\boldsymbol{E} \times \boldsymbol{B}$  advection of equilibrium temperature:  $\kappa_T \partial_y \varphi$ 

$$\partial_t \left( \varphi' - \nabla^2 \varphi \right) + \left\{ \varphi, \varphi' - \nabla^2 \varphi \right\} + \nabla \cdot \left\{ \nabla \varphi, T \right\} - \partial_y \left( \varphi + T \right) + \kappa_T \partial_y \nabla^2 \varphi = -\chi \nabla^4 (a\varphi - bT), \tag{5}$$

$$\partial_t T + \{\varphi, T\} + \kappa_T \partial_y \varphi = \chi \nabla^2 T.$$
(6)

Thermal diffusion: 
$$\chi \nabla^2 T$$

# ITG instability



Figure 3: Linear growth rates of pure DW  $(k_x = 0)$  Fourier modes.

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#### Saturated state



Figure 4: Log of the box-averaged heat flux  $\ln Q$ . The shaded region is beyond the Dimits threshold ( $\kappa_T > \kappa_T^c$ ), where strong turbulence resides. The "X" marks the parameters  $\kappa_T = 0.36$ ,  $\chi = 0.1$ , which we shall use to illustrate the near-marginal state. 11 / 29

#### Saturated state



Figure 5: Left: Box-averaged heat flux Q in the saturated state versus  $\kappa_T$  for  $\chi = 0.1$ . Right: Box-averaged heat flux Q in the saturated state versus  $\chi$  for  $\kappa_T = 0.36$ .

## Near-marginal state

The near-marginal state is quasi-steady, occasionally interrupted by bursts of turbulence:



Figure 6: Top: time trace of the heat flux Q. Bottom: time trace of the ZF velocity,  $U = \partial_x \overline{\varphi}$ . Each turbulent burst is accompanied by an order-of-magnitude increase in Q.

Near-marginal state (between bursts)



Figure 7: Radial profiles of ZF, zonal shear, zonal temperature gradient, turbulent (black) and diffusive (orange) radial heat fluxes. The dashed green line corresponds to the largest linear ITG growth rate  $\pm \gamma_{\text{max}}$ . The dashed black line shows the value of the equilibrium temperature gradient  $\kappa_T$ . Here  $\kappa_T = 0.36, \chi = 0.1$ .

# Turbulent bursts



Figure 8: Temperature perturbations before, during, and after a turbulent burst for  $\chi = 0.1, \kappa_T = 0.36$ . The shaded areas on the top-left panel mark the ZF minimum around x = 25 and maximum around x = 47.

▶ Let us investigate the way in which zonal profiles are reconstituted after the turbulent bursts. The equation for  $\overline{\varphi}$  is

$$\partial_t \overline{\varphi} = \overline{\partial_x \varphi \partial_y \left(\varphi + T\right)} + \chi \partial_x^2 (a \overline{\varphi} - b \overline{T}). \tag{7}$$

- ► Define the Reynolds stress  $\Pi_{\varphi} \equiv \overline{\partial_x \varphi \partial_y \varphi}$  and the "diamagnetic" stress  $\Pi_T \equiv \overline{\partial_x \varphi \partial_y T}$
- These two comprise the turbulent momentum flux that drives the ZFs
- ▶ Numerically we find that  $\Pi_{\varphi}$  and  $\Pi_T$  have opposite signs



Figure 9: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background. The sign of  $\Pi_t = \Pi_{\varphi} + \Pi_T$  coincides with that of  $\Pi_{\varphi}$  and opposes the sign of S. This reflects that  $\kappa_T = 0.36 < \kappa_T^c \approx 1$ .



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Figure 10: An illustration of the enhancing and diminishing effects of  $\Pi_{\varphi}$  and  $\Pi_T$  on the ZF. The black curve is the zonal electrostatic potential  $\varphi$ .

$$\partial_t \overline{\varphi} = \Pi_{\varphi} + \Pi_T + \text{viscosity}$$

We can understand the effect of the zonal shear by changing coordinates to the "shearing frame":

$$t' = t, \ x' = x, \ y' = y - Stx.$$
 (8)

A Fourier mode in the shearing frame corresponds to a lab-frame mode with a time-dependent radial wavenumber:

$$k_x = k'_x - Stk'_y, \ k_y = k'_y.$$
(9)

▶ Thus, S > 0 anticorrelates the signs of  $k_x$  and  $k_y$ , and vice-versa for S < 0

▶ We can integrate the Reynolds stress:

$$\int \frac{dx}{L_x} \Pi_{\varphi} = \int \frac{dx}{L_x} \overline{\partial_x \varphi \partial_y \varphi} = \sum_{k} k_x k_y |\varphi_k|^2 \qquad (10)$$

For S > 0 we get  $k_x k_y < 0$  on average (due to  $k_x = k'_x - Stk'_y$ ), and vice-versa for S < 0

• Thus S and  $\Pi_{\varphi}$  have opposite signs

▶ We can write a similar expression for the diamagnetic stress:

$$\frac{1}{L_x} \int dx \ \Pi_T = \sum_{\mathbf{k}} k_x k_y |\varphi_{\mathbf{k}}|^2 \operatorname{Re} \frac{T_{\mathbf{k}}}{\varphi_{\mathbf{k}}}.$$
 (11)

▶ Then the total turbulent momentum flux is

$$\frac{1}{L_x} \int dx \, \left(\Pi_{\varphi} + \Pi_T\right) = \sum_{\boldsymbol{k}} k_x k_y |\varphi_{\boldsymbol{k}}|^2 \left(1 + \operatorname{Re} \frac{T_{\boldsymbol{k}}}{\varphi_{\boldsymbol{k}}}\right). \quad (12)$$

► Hence a  $(k_x, k_y)$  mode feeds the ZFs if and only if  $\operatorname{Re}(T_k/\varphi_k) > -1$ 

- ▶ The term  $\operatorname{Re}(T_k/\varphi_k)$  is hard to predict analytically
- We can get a good heuristic understanding using the linear modes
- ▶ It turns out that  $\operatorname{Re}(T_k/\varphi_k) < 0$  for all linear modes

What happens to the ITG turbulence over an imposed static ZF when we vary the temperature gradient  $\kappa_T$ ?



Figure 11: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background,  $\kappa_T = 0.49, \chi = 0.1$ .



Figure 11: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background,  $\kappa_T = 0.64, \chi = 0.1$ .



Figure 11: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background,  $\kappa_T = 0.81, \chi = 0.1$ .



Figure 11: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background,  $\kappa_T = 1, \chi = 0.1$ .



Figure 11: Time-averaged momentum fluxes for saturated ITG turbulence over a fixed zonal background,  $\kappa_T = 1.21, \chi = 0.1$ .

- ▶ We can vary the temperature gradient  $\kappa_T$  at fixed  $\chi$  and a fixed static ZF profile
- ▶ It turns out that as  $\kappa_T$  increases, so does  $\Pi_T$  relative to  $\Pi_{\varphi}$
- Denote by  $\kappa_T^{\text{static}}$  the gradient at which the Reynolds and diamagnetic stresses balance in order to give a time-averaged  $\Pi_t = \Pi_{\varphi} + \Pi_T \approx 0$
- The value of  $\kappa_T^{\text{static}}$  is found to be insensitive to the exact ZF profile used and coincides with the observed Dimits threshold  $\kappa_T^c$

Linear mode approximation for the Dimits threshold

- We can use the linear mode structure to approximate  $\kappa_T^{\text{static}}$ , and, by extension,  $\kappa_T^c$
- We look for  $\kappa_T$  such that  $\operatorname{Re}(T_k/\varphi_k) = -1$  for the "appropriate" modes
- ▶ The most unstable modes in general are streamers  $(k_x = 0)$ , but these cannot survive the strong ZFs
- We use the most unstable mode with  $k_x = k_y$

# Linear mode approximation for the Dimits threshold



Figure 12: Comparison of numerical data (blue points) and analytic approximation (black curve) for the Dimits threshold.

#### Conclusions

- ▶ We have described the Dimits regime for curvature-driven ITG turbulence in 2D
- ▶ The ZFs and zonal temperature work together to suppress the instability in two different ways — strong zonal shear and temperature-gradient flattening
- Occasional tubulent bursts occur due to the viscous decay of the ZFs
- ▶ The Dimits threshold is linked to the turbulent momentum flux of ITG turbulence over an imposed ZF shear
- We proposed and verified a quantitative formula for the value of the Dimits threshold

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## Normalisations

$$\hat{t} \equiv \frac{2\rho_s \Omega_i}{L_B} t, \qquad \hat{x} \equiv \frac{x}{\rho_s}, \qquad \hat{y} \equiv \frac{y}{\rho_s},$$
$$\hat{\varphi} \equiv \frac{\tau L_B \varphi}{2\rho_s} = \frac{\tau L_B}{2\rho_s} \frac{Z_i e \phi}{T_i}, \qquad \hat{T} \equiv \frac{\tau L_B T}{2\rho_s} = \frac{\tau L_B}{2\rho_s} \frac{\delta T}{T_i}, \qquad (13)$$
$$\kappa_T \equiv \frac{\tau L_B}{2L_T}, \qquad \hat{\chi} \equiv \frac{\tau L_B}{\rho_s} \frac{8}{9} \sqrt{\frac{2}{\pi}} \frac{\nu_i}{\Omega_i},$$
$$[Q] = \frac{3}{\tau^{3/2} \sqrt{2}} n_i T_i v_{ti} \left(\frac{\rho_i}{L_B}\right)^2. \qquad (14)$$

## Near-marginal state (between bursts)



Figure 13: Left: Time- and space-averaged over the shear zones ZF shear S versus maximum ITG growth rate  $\gamma_{\text{max}}$ . The fitted line is  $S \approx 2\gamma_{\text{max}}$ . Right: Time-averaged of normalised total temperature relative to the absolute temperature  $T_R$  of the right edge of the domain.

# Near-marginal state



Figure 14: .

# Beyond the threshold

- Beyond the staircase state, our equations fail to reach saturation
- The transition from ZF-dominated saturation to blow-up in this system is equivalent to the transition from the zonally-dominated Dimits regime to fully developed turbulence
- Saturation in GK simulations beyond Dimits is "critically balanced" (Barnes *et al.*, 2011), hence fundamentally 3D

# Blow up



#### Figure 15: Heat flux evolution beyond the Dimits regime.

# Blow up



Figure 16: Snapshots of temperature perturbations in the blow up state beyond the Dimits threshold. The colours actually represent  $\operatorname{arcsinh}(10T)$  in order to visualise properly the vast difference in amplitudes.

Turbulent bursts



Figure 17: A close view of a turbulent burst. Top: time trace of the box-integrated radial heat flux Q. Bottom: time trace of the local radial heat flux.

# Localised Structures



Figure 18: Snapshot of T with structures visible.

- Soliton-like "ferdinons" (van Wyk *et al.*, 2016) are seen drifting through the sheared regions
- ▶ These structures increase the heat flux dramatically
- ▶ They trigger the turbulent bursts

# Localised Structures

- ▶ These structures can drift both inwards and outwards, regardless of the local zonal shear
- ▶ The direction of their radial drift is given by their net temperature
- ▶ They are always emitted from ZF maxima
- ▶ GK avalanches with similar properties have been reported by Villard *et al.* (2013)

# Localised Structures



Figure 19: Similar to a previous figure, but right after ferdinons have been created.

#### Influence of ZFs on turbulent perturbations

Let us highlight the terms, where the ZF enters the equations:

$$\begin{aligned} \left(\partial_{t}+\boldsymbol{U}\partial_{\boldsymbol{y}}\right)\left(1-\nabla^{2}\right)\varphi'-\left(1-\partial_{\boldsymbol{x}}^{3}\overline{\boldsymbol{\varphi}}\right)\partial_{\boldsymbol{y}}\left(\varphi'+T'\right)+\kappa_{T}\partial_{\boldsymbol{y}}\nabla^{2}\varphi'\\ +\boldsymbol{S}\partial_{\boldsymbol{x}}\partial_{\boldsymbol{y}}\boldsymbol{T'}+\left\{\varphi',-\nabla^{2}\varphi'\right\}+\nabla\cdot\left\{\nabla\varphi',T\right\}\\ &=-\chi\nabla^{4}(a\varphi'-bT'),\end{aligned} \tag{15}$$

$$(\partial_t + \boldsymbol{U}\partial_{\boldsymbol{y}})T + \kappa_T \partial_y \varphi + \left\{\varphi', T\right\} = \chi \nabla^2 T, \tag{16}$$

where  $U = \partial_x \overline{\varphi}$  and  $S = \partial_x^2 \overline{\varphi}$ .

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